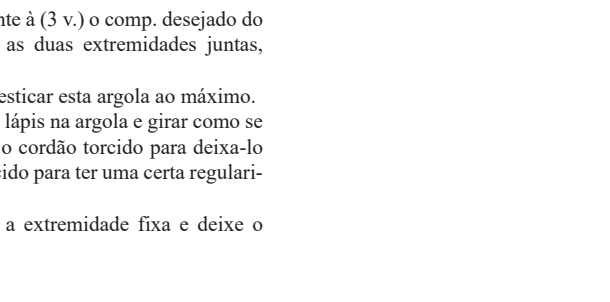
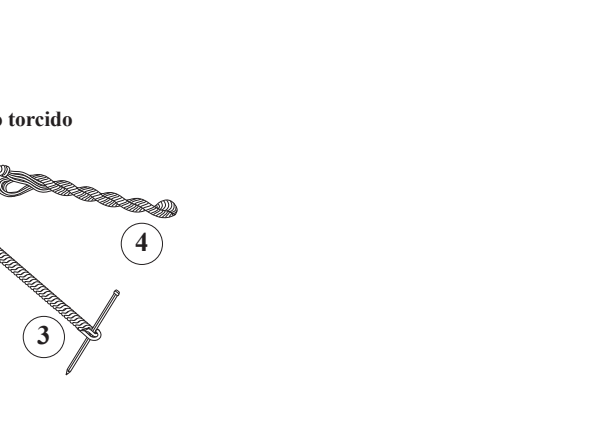
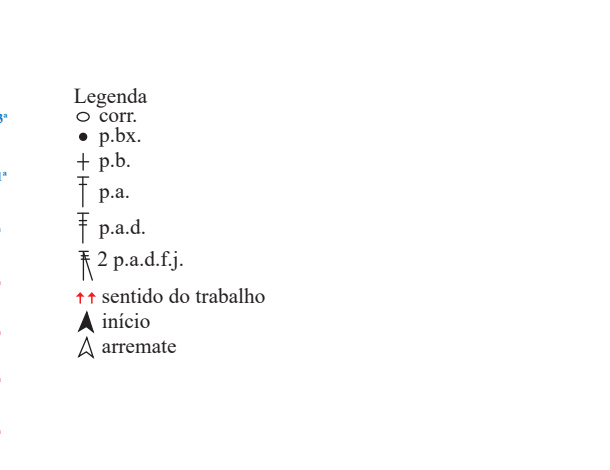
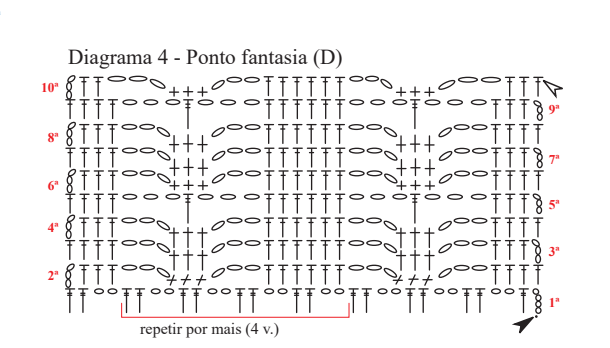
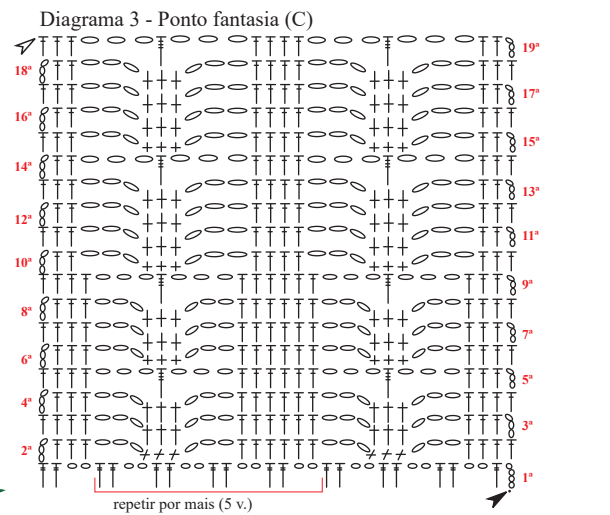
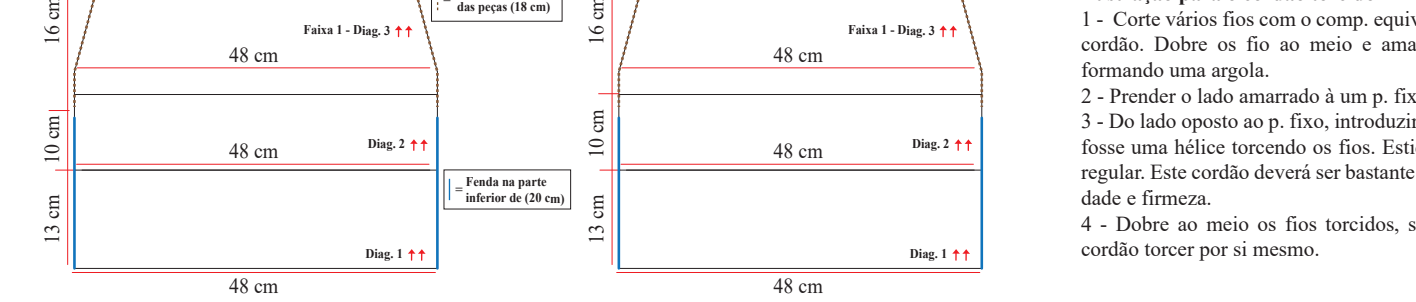
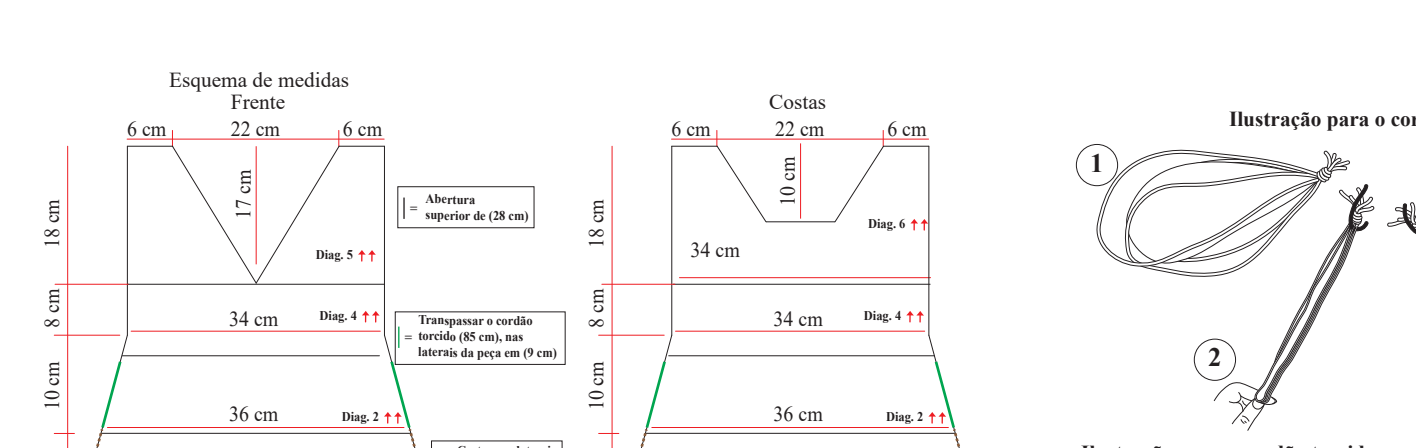
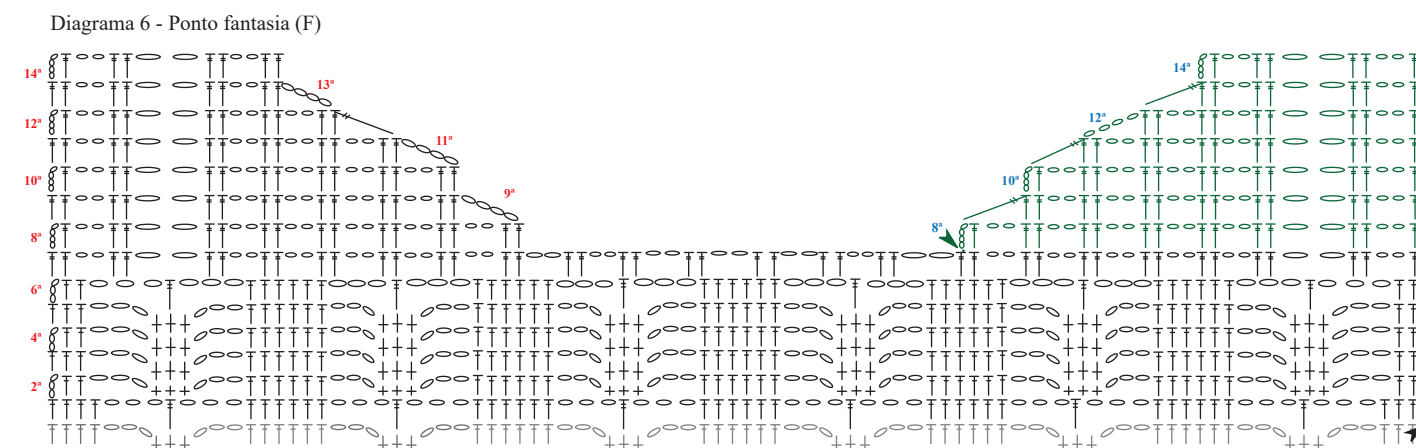
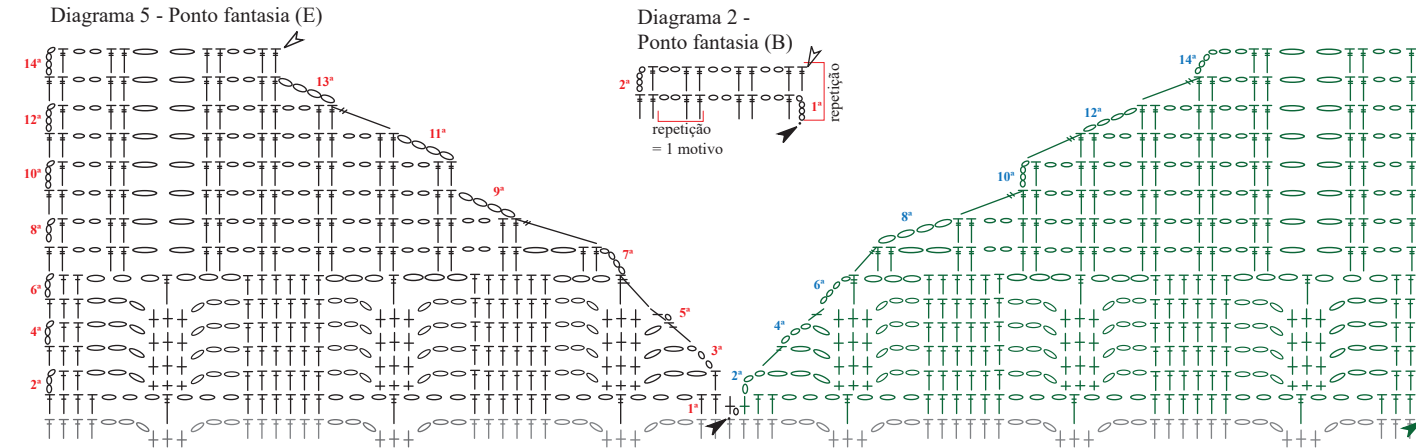
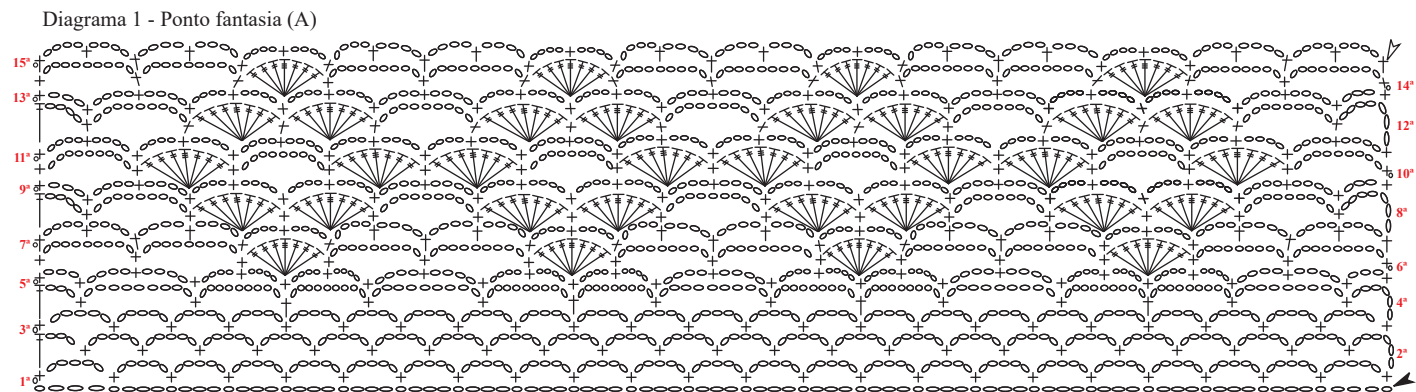




- Legenda
- corr.
 - p.bx.
 - + p.b.
 - ⊥ p.a.
 - ⊥ p.a.d.
 - ⊥ 2 p.a.d.f.j.
 - ↑↑ sentido do trabalho
 - ▲ início
 - △ arremate

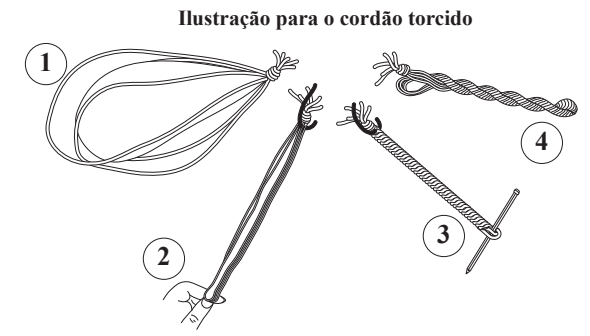
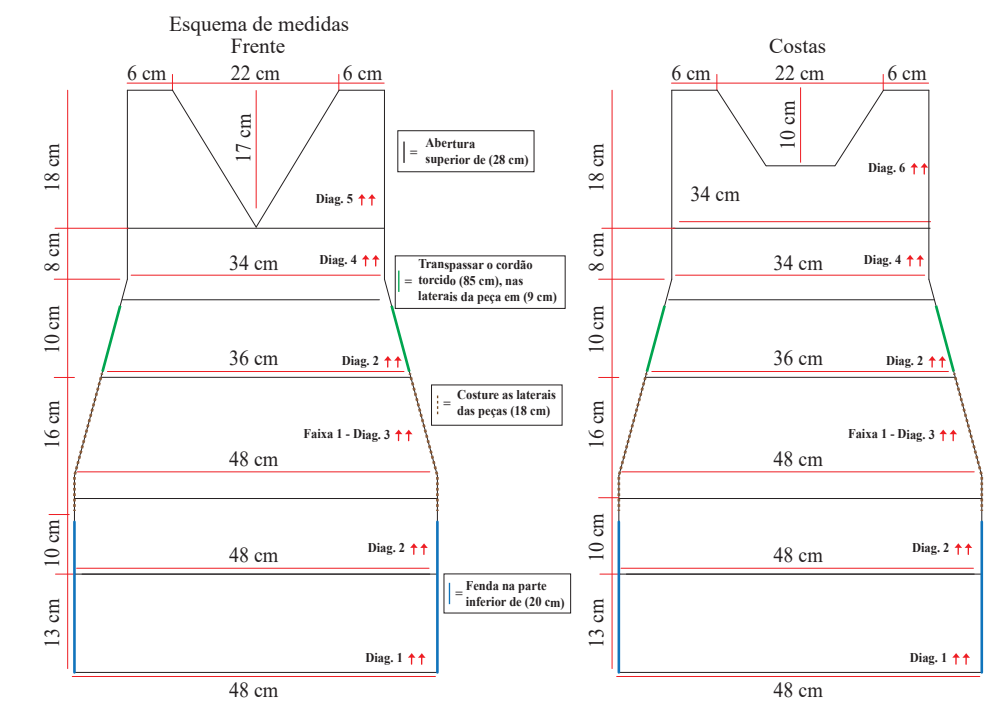


Ilustração para o cordão torcido

1 - Corte vários fios com o comp. equivalente à (3 v.) o comp. desejado do cordão. Dobre os fio ao meio e amarrar as duas extremidades juntas, formando uma argola.

2 - Prender o lado amarrado à um p. fixo e esticar esta argola ao máximo.

3 - Do lado oposto ao p. fixo, introduzir um lápis na argola e girar como se fosse uma hélice torcendo os fios. Estique o cordão torcido para deixa-lo regular. Este cordão deverá ser bastante torcido para ter uma certa regularidade e firmeza.

4 - Dobre ao meio os fios torcidos, solte a extremidade fixa e deixe o cordão torcer por si mesmo.